



Academy for
Dementia Research
& Education



DEMENTIA
PATHWAYS ON
YOUR DOORSTEP:

COMMUNITY-BASED
INTERVENTIONS
TO SUPPORT
INDEPENDENT
LIVING



**‘OUR PASSION IS
TO IMPROVE THE
COMMUNITY SUPPORT
FOR PEOPLE WITH
DEMENTIA’**

It is my great pleasure to open this first international conference to be hosted by The Academy for Dementia Research and Education in partnership with the UON Dementia Research and Innovation Centre (NDRIC).

For the last decade, starting with the Forget Me Nots project in Northampton in July 2013, we have established a range of psychosocial support groups and interventions for people with the early stages of cognitive decline. Our passion is to improve the community support for people with dementia and their families and friends. This conference gives us the chance to combine local, national and international expertise and experience in order to help us all reach this goal.

JACKIE PARKES

9.00 — 9.30
Arrival and Networking

9.30 — 9.50
Prof. Charles Scerri Setting the Scene – an overview of International Approaches to Community Interventions (Chair)

9.50 — 10.00
Pete Middleton The Value of Local Support Following Diagnosis – A Perspective of a Person with Dementia

10.00 — 10.30
Prof. Jaqueline Parkes From a Local Community Based Social Support Group to an Integrated Educational Model

BREAK

11.00 — 11.30
Shirley Evans The Meeting Centre Support Programme: from the Netherlands to Poland, Italy and the UK

11.30 — 12.00
Giles West & Dawn Panter The Rise of the Northamptonshire Memory Hubs

12.00 — 1.00
Lunch

1.00 — 1.45
First workshop session

1.45 — 2.30
Second workshop session

BREAK

2.45 — 3.15
Helle Kousgaard Hansen and Kim Michael Alberg Sørensen The Lifelong Learning Model – From Denmark to Norway and the UK

3.15 — 3.40
Panel Discussion: Sustainable Options for Local Community Interventions

3.40 — 3.50
Chair’s closing remarks

3.50 — 4.00
Music performance

4.00
Conference closure

SPEAKERS



Prof. Charles Scerri

NATIONAL FOCAL POINT ON DEMENTIA, ASSOCIATE PROFESSOR FACULTY OF MEDICINE & SURGERY UNIVERSITY OF MALTA

Charles Scerri is an Associate Professor of Dementia Studies at the University of Malta and Visiting Professor at the Northamptonshire Dementia Research and Innovation Centre, University of Northampton, UK. He is the co-founder and Chairperson of the Malta Dementia Society and Vice-Chair of Alzheimer Europe. Charles is also a member of the EU Governmental Experts on Dementia Panel, the EU Joint Programme for Neurodegenerative Diseases (JPND)

Scientific Advisory Board and Early Detection and Timely Intervention in Dementia Group (INTERDEM). In 2013, he was appointed as the National Focal Point on Dementia to advise the Maltese government on initiatives that need to be adopted to make dementia a national healthcare priority. He also authored the national dementia strategy for Malta entitled Empowering change: A National Strategy for Dementia in the Maltese Islands (2015-2023).



Pete Middleton

YOUNGER PERSON LIVING WITH DEMENTIA

Pete Middleton has Alzheimer's disease. Since his diagnosis, he has been highly active in the world of dementia, using his lived experience to inform, educate and assist in fundraising and research. Pete has a particular interest in co-production and encourages businesses and organisations to use the skills and knowledge of people with dementia to inform and enhance their business. Pete has been featured in a Channel 4 documentary and won an award for a short video about his life after diagnosis. He is a public speaker,

a fundraiser, and a volunteer, and he engages in many research projects. Pete is currently a member of the Three Nations Dementia Working Group and is an independent member of the Alzheimer's Society's Delivering Services Committee. He is also a member of the Santander Working Group.

Pete uses his skills as a computer programmer and technical author to help people to design software and interfaces that are welcoming and easy to use for people with a diagnosis of dementia.



Prof. Jaqueline Parkes

FOUNDER AND CO-LEAD NORTHAMPTONSHIRE DEMENTIA RESEARCH AND INNOVATION CENTRE, THE UNIVERSITY OF NORTHAMPTON, DIRECTOR OF THE ACADEMY OF DEMENTIA RESEARCH AND EDUCATION (ADRE)

Jaqueline Parkes is the Professor of Applied Mental Health in the Faculty of Health, Education & Society at the University of Northampton.

Jackie is an experienced mental health nurse, and has worked in a broad range of mental health and learning disability settings prior to moving into Higher Education. Her subject specialism is on developing and implementing person-centred care pathways, including community-based interventions for people living with dementia. She is the Chair of the Northamptonshire Dementia

Action Forum and Chair of the Leicester, Leicestershire, and Rutland Dementia Friendly Community.

Jackie has also established four community-based social groups for people with dementia and carers; the Forget-me-nots Social YOD Group, the Post-diagnostic Support UnityDEM Centre in Northamptonshire, the Lutterworth Share & Care Group and ADRE Ltd. She is currently the Deputy Chair of Research at Young Dementia Network, and a member of the pan European Group InterDEM.



Dr. Shirley Evans

INTERIM DIRECTOR OF THE ASSOCIATION FOR DEMENTIA STUDIES AT THE UNIVERSITY OF WORCESTER

Shirley has specific expertise and knowledge and is passionate about post-diagnostic support and community based interventions for people affected by dementia.

Shirley leads the Meeting Centres UK Network with around 60 Centres established. She is Vice-Chair of Herefordshire and Worcestershire

Integrated Care System Dementia Programme Board, Chair of Herefordshire Dementia Action Alliance and Dementia Matters Herefordshire.

She is also the Finance Trustee for Leominster Meeting Centre for people affected by dementia and therefore very aware of, and keen to address issues around sustainable community support.



Dawn Panter & Giles West

HEALTH AND CARE DEVELOPMENT SERVICE MANAGER, NORTHAMPTONSHIRE CARERS / INTEGRATED CARE ACROSS NORTHAMPTONSHIRE (ICAN) AGEING WELL TRANSFORMATION LEAD, DEPUTY DIRECTOR OPERATIONAL TRANSFORMATION NORTHAMPTONSHIRE HEALTHCARE NHS FT

Dawn is the Service Manager for Northamptonshire Carers, a charity supporting unpaid (informal) carers. The charity have been established for 30 years and have seen their work grow to support people living with long term health conditions, including dementia. Dawn began her career in health and social care as a counsellor with MIND before working closely with people living with dementia for the Alzheimer's Society. Personal experience of dementia, the impact it has on the family and the person diagnosed, influenced this career path.

On joining the NHS in 1994, Giles West became involved in change projects; seeking to improve outcomes for our

population through greater integrated working and provision of better resources. In time this led to becoming Project Director for the delivery of a new 135 mental health bed hospital, achieved through coproduced design with users, carers and staff and embedding core principles from joint work with Kings Fund Enhancing the Healing Environment programme. He has since delivered NHS organisational mergers and has worked to bring those with lived experience, their carers and health, social care and voluntary sector colleagues together to create holistic, strength-based approaches that support our populations to age well and address inequalities.



Helle Kousgaard Hansen & Kim Michael Alberg Sørensen

TEACHERS AT AALBORG DEMENTIA SCHOOL DENMARK

Helle Kousgaard Hansen is a Psychomotor Therapist, Social and Health Care Assistant and Neuro Educator. She has been educating people with dementia at Aalborg Dementia School since 2013. Previously Helle taught communication to young people with multiple disabilities. She has worked with psychiatric patients in day care centers and in a closed unit.

Kim Michael Alberg Sørensen is a Special Education Teacher with a diploma in Dementia and Neuro Education. He has been educating people with dementia at Aalborg Dementia School since 2004. Kim has educated people with brain damage, young people with autism, people who have experienced trauma and people living with mental illness.

WORKSHOPS

Dr. Hilda Hoyo

CHIEF ADMIRAL NURSE AND CEO DEMENTIA UK

This session describes the difference a dementia specialist Admiral Nurse can make to families living with the impact of dementia

Dr. Alison Ward & Dr. Simon Williams

ASSOCIATE PROFESSOR NDRIC / SENIOR LECTURER IN ENGLISH LANGUAGE UNIVERSITY OF SUSSEX

In this session you will have the opportunity to learn and take part in a new storytelling approach that has been developed to work for people living with dementia and anyone who wants to stretch their social and creative thinking

Liz Causon

HEALTH MANAGER LEICESTER TIGERS FOUNDATION

This session describes the development of the Love to Move programme from the British Gymnastics Foundation and includes the opportunity to participate in an active demonstration

Sue Renton & Claire Jarvis

HEALTH AND WELL BEING TEAM LEADER SENIOR SOCIAL PRESCRIBING LINK WORKER OADBY AND WIGSTON PCN / HEALTH AND ARTS TEAM LEADER AT BLABY DISTRICT COUNCIL

This session will give an overview of the Social Prescriber model and how it has been applied locally for people with dementia

Dawn Panter & Alison Stewart

HEALTH AND CARE DEVELOPMENT SERVICE MANAGER, NORTHAMPTONSHIRE CARERS / DEMENTIA HUB MANAGER NORTHAMPTONSHIRE CARERS DIRECTOR OF ADRE

This session will give participants an opportunity to meet with managers who have been establishing Memory Hubs across Northamptonshire since September 2021. Take part in a short taster activity and ask further questions

Katherine Jenkins

MUSIC FACILITATOR AT ADRE

This session introduces the use of education classroom-based music activities in social, group and individual settings to encourage active listening, develop speech and singing, and stimulate muscular memory

Jane Beaumont & Carl Bailey

DIRECTOR OF ADRE / HEAD OF ALTERNATIVE CURRICULUM LUTTERWORTH COLLEGE

This session will give an overview of intergenerational activities between ADRE and Lutterworth College students with a specific emphasis on the locally funded partnership project between students with additional needs and people with dementia

Birgitte Nærdal, Berit Westbye & Geir Vegar Berg

NURSE AND DEMENTIA ADVISOR IN GRIMSTAD NORWAY / OCCUPATIONAL THERAPIST AND PROJECT LEADER IN GRIMSTAD NORWAY / RN AND DR OF PUBLIC HEALTH

An outdoor session from staff at Voksenskolen in Grimstad, Norway which will include physical exercise and cognitive training



The Academy for Dementia
Research and Education
Lutterworth College, Gate 4
Greenacres Drive
Lutterworth
LE17 4EW

01455 55 04 16
academyfordementia.org

We would like to thank our partners without whom
we could not have hosted this event:

University of Northampton

Lutterworth College

Rotary Club of Lutterworth Wycliffe

Lutterworth Inner Wheel Groups

ADRE Members and Volunteers